



AMPHORA

RESTAURANT

Good evening and welcome to the Amphora restaurant.

Thank you for joining us here at Karma Minoan hotel.

Our Kitchen team strive to bring you high quality Greek inspired cuisine, showcasing local Cretan product. The team are happy to accommodate any dietary requirements you may have.

We do ask for some understanding during this challenging time and ask if you could please wear a mask when not at your designated table.

We have hand sanitizer available in dispensers at reception and in the restaurant. Our team will be happy to point them out if needed.

Our team is taking great care when preparing everything for your meal. A high level of sanitation and periodical cleaning processes are taking place so you can enjoy your evening with peace of mind.

We hope you enjoy your time with us & a pleasant meal.

**Best wishes,  
Valerios Koutsonis**

*General Manager*

*& on behalf of the team at Karma Minoan*



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RESTAURANT



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## AMPHORA MENU

### STARTERS

<b>"TZATZIKI"</b> Yoghurt with cucumber, garlic oil vinegar   V	€ 4,90
<b>"MPEKRI MEZE"</b> Pan fried pork with peppers in wine & honey sauce   GF   LF   P	€ 10,50
<b>SEAFOOD</b> Grilled octopus, grilled sardines, fried squid   GF   LF	€ 9,50
<b>CRETAN VARIETY</b> Cretan bread with feta cheese, tomato & olive oil   V Cheese pies   V Vegetable pies   V Split peas   GF   LF   V Ntolmades   GF   LF   V Zucchini balls   V Strapatsada   V	€ 9,50
<b>SOUP OF THE DAY</b>   GF   V	€ 5,50

### SALADS

<b>GREEK SALAD</b> Tomato, cucumber, onion, green pepper, black olives, feta cheese, oregano & olive oil   GF   V	€ 8,00
<b>CRETAN SALAD</b> Potatoes, egg, tomato, Cretan bread, Cretan cheese, olives, vinegar   V	€ 9,00
<b>GREEN SALAD</b> Lettuce, tomato, anise, olive oil, vinegar cream   GF   V	€ 7,00

All the cheese that we use is produced by small family businesses that follow the traditional techniques that were taught from generation to generation for centuries in Lasithi.

**P:** PORK | **GF:** GLUTEN FREE | **LF:** LACTOSE FREE | **V:** VEGETARIAN

Please inform your waiter should you have any special dietary requirements. Our ingredients are sourced from today's market and are subject to availability. Everything is freshly prepared and cooked from scratch so please be patient.

VAT INCLUDED



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Our lamb is raised on the mountains of Lasithi, fed on wild Cretan herbs and lives free.  
You can taste Crete on every bite you take.  
*Sifis - the Sheppard of Lasithi Farm*

## MAIN COURSES

<b>"MINOTAUR STEAK"</b> Fresh beef steak with pepper, mushroom, zucchini, baby potato and special chefs sauce	€ 25,00
<b>"MOUSAKA"</b> With courgettes, potatoes, eggplant, ground beef and béchamel <i>(Also available in vegetarian version)</i>	€ 9,80
<b>"SOUVLAKI" PORK   P</b> Skewered marinated pork with pita bread, fried potatoes and Greek salad	€ 12,00
<b>LAMB CHOPS</b> Served with fried potatoes and mix vegetables   GF   LF	€ 13,00
<b>PORK "GYROS"   P</b> Grilled pork pieces with pita bread, tzatziki, fried potatoes and salad	€ 11,50
<b>CHICKEN FILLET</b> With rice and vegetables   GF   LF	€ 13,00
<b>SPAGHETTI</b> <ul style="list-style-type: none"><li>• with vegetables   v</li><li>• with seafood</li><li>• with minced beef</li></ul>	€ 10,50 € 14,00 € 14,00
<b>GRILLED FISH</b> Sea Bream - Sea Bass   GF   LF Served with rice and vegetables	€ 15,00
<b>SPECIAL OF THE DAY</b> Please ask the staff for the chef's special dish of the day	€ 12,50

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## DESSERTS

FRUIT SALAD   GF   V	€ 6,00
"BAKLAVA"   V	€ 6,00
ICE CREAM SCOOP (Chocolate, vanilla, strawberry)	€ 2,00
SPECIAL OF THE CHEF	€ 6,00

## CHILDREN'S MENU

CHICKEN NUGGETS or SPAGHETTI WITH SALAD & ICE CREAM	€ 12,00
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**If you have a special request,**  
please give us a notice of 24-48 hours  
and we will be happy to prepare  
the meal of your choice.

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