

Sample Lunch menu



PLEASE ASK A MEMBER OF OUR FRIENDLY TEAM FOR TODAY'S SPECIALS

SOUP OF THE DAY (V) (Ve*) (Gf*) <i>Freshly baked bread & butter</i>	£8.95
HEIRLOOM TOMATO SALAD (V) (Ve*) (Gf*) <i>Burrata, blueberries, brioche croutons, pine nuts, basil oil</i>	£8.95
GIN & TONIC SCILLONIAN CRAB (Gf) <i>Karma Traveller's watermelon infused gin, house pickles, salmon caviar, dill oil</i>	£9.95
SCOTCH EGG <i>Parma ham, poached asparagus, pickles, black truffles, hollandaise sauce</i>	£10.95

sandwiches

BLT SANDWICH (Gf*) <i>Smoked back bacon, lettuce, tomato, ciabatta & crisps</i>	£8.95
HONEY ROASTED HAM (Gf*) <i>Mustard mayonnaise, rocket, ciabatta & crisps</i>	£8.95
SCILLONIAN CRAB (Gf*) <i>Dill, tomato, lime mayonnaise, ciabatta & crisps</i>	£9.95
BURRATA (Gf*) (Ve*) <i>Tomato, basil pesto, ciabatta & crisps</i>	£8.95

on a plate

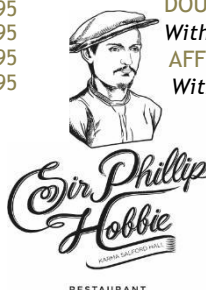
GARDEN SALAD (Gf*) (V*) <i>Mixed leaves, assorted picked vegetables, brioche croutons, pecorino, Parma ham, house dressing</i> <i>Add Chicken Supreme, soy glazed salmon or Scillonian Crab meat</i>	£10.95 £4.95
BEER BATTERED FISH <i>Haddock fillet, triple cooked chips, mushy peas or garden peas and chunky tartare sauce</i>	£14.95
SAUSAGE AND MASH (GF) <i>Red wine and garlic sausages, creamed mashed potatoes, seasonal greens, red wine jus</i>	£14.95
SEAFOOD TAGLIATELLE <i>Scillonian crab meat, tomato, white wine, cream, dill</i>	£16.95
SWEET POTATO AND CHICKPEA CURRY (Gf*) <i>Coconut and lemongrass rice, raita, turmeric lavash</i> <i>Add Chicken Supreme (Gf*)</i>	£14.95 £4.95
8OZ GAMMON STEAK (Gf*) <i>Fried eggs, peas, triple cooked chips</i>	£14.95
7OZ BEEF BURGER WITH TRIPLE COOKED CHIPS (Gf*) <i>Smoked bacon, Worcester blue cheese, lettuce, tomato, brioche bun, burger sauce</i>	£14.95

on the side

SWEET POTATO FRIES (Ve)	£3.95
SIDE SALAD (Ve)	£3.95
SAUTEED NEW POTATOES (Ve*)	£3.95
ROCKET AND PARMESAN SALAD (Ve*)	£3.95
SEASONAL GREEN VEGETABLES (Ve)	£3.95
TRIPLE COOKED CHIPS (Ve)	£3.95

dessert

GIN & TONIC CHEESECAKE	ALL £7.95
<i>With white chocolate & raspberry sorbet</i>	
DOUBLE CHOCOLATE BROWNIE	
<i>With chocolate cream & ice cream</i>	
AFFOGATO (GF)	
<i>With marshmallow, ice cream & espresso</i>	



Please inform a member of our team if you have any food allergies or dietary requirements when placing your order